

Information Workshop

Manual Handling and Ergonomics

Keeping your workplace safe and healthy

Background:	All workers are at risk of injury whether their work is physical, and involves manual handling, or whether they work at a desk, and face the risks that come with inactivity. Nobody comes to work to get injured, and sound work practices can help avoid this.
Timing:	1.5 hour workshop
Who should attend:	All workers, supervisors, team leaders and managers who want to maintain safe work practices.
Workshop Overview:	Topics include: Identification of issues, risk assessment, control options, responsibilities of workers and managers under the WHS Act, consultation, reporting, safe lifting, pushing and pulling techniques, assess the work environment, healthy job design, manual handling code of practice, <i>Questions and scenarios</i>
Provider:	Paragon Work Health Safety - Member of Safety Institute of Australia
Facilitator:	Peter McWhinnie Qualifications: Graduate Diploma of Organisational Safety Management (UniSA), Cert IV in Transport, Warehousing and Logistics, Diploma of Occupational Health and Safety, Diploma of Quality Auditing, Nationally accredited workplace trainer and assessor (Cert IV TAE), Diploma of Business, Diploma of Management. Experience: transport fleet manager, truck driver for MC, heavy machinery operator, parks and gardens maintenance, workplace trainer and assessor.

