

# Information Workshop

## Load Restraint

**Background:** Load Restraint is an integral component in remaining compliant on the road if you are carrying anything that has the potential to leave the vehicle. Restraints must be of a certain capacity and the burden of proof of that capacity lies with the operator of the vehicle in question. This course compliments the Chain of Responsibility course we also deliver.

This course deals with legal obligations under various Acts including the Road Transport Act 1961 SA (still current), The WHS Act 2012 SA, the NHVL (National Heavy Vehicle Law) and other relevant sources of guidance such as Codes of Practice and Australian Standards.

**Who should attend:** This course is aimed predominantly at those persons within the organisation involved with securing and transporting loads in or on vehicles. (Refer Chain of Responsibility).

**Timing:** 1.0 hour.

**Workshop:** This course provides information on key elements of the relevant legislation and associated guidance material and sources.

**Overview:** Topics covered include: Restraint identification and selection, load placement, vehicle identification, capacity and selection, basic calculations for mass and load distribution, legal considerations, penalties and offenses, how these penalties affect your driving license, lashing angles, restraint examples and where to get information on restraints, video examples of restraint fails and solutions. This also includes a walk around and inspection with attendees of current vehicles being used by the organisation to identify potential breaches on the legislation.

*Questions and scenarios*

**Provider:** Paragon WHS  
Member of Australian Institute of Health and Safety

**Facilitator:** Peter McWhinnie

**Qualifications:** Graduate Diploma Organisational Safety Management (Uni SA), Diploma of WHS, Nationally accredited Workplace trainer and assessor, Diploma of Vocational Education and Training, Graduate Certificate of Retail Leadership, Diploma of Retail Management, Diploma Quality auditing, Diploma of Business, Diploma of management.

CEO and Managing Director Paragon WHS, HSR trainer, Vocational Education and Training / WHS manager and facilitator, WHS consultant, HSR training provider.

